

If You Miss a Pill

- If you miss 1 pill, take it as soon as you remember. Take your next pill at your normal time.
- If you miss 2 pills, take 2 pills as soon as you remember. Then take 2 pills the next day. You will need to use condoms until your next period.
- If you miss 3 pills, call your health care provider to find out what to do next. You will need to use condoms until your next period.

Watch for these warning signs

Sudden severe headache that won't go away

Eye problems - blurry or double vision, loss of vision

Sharp, sudden pain in your leg, chest or belly

Shortness of breath or coughing blood

Feeling weak or numb on one side of your body

If you have any of these warning signs, call

Adagio Health at _____.

If the office is closed, go to the emergency room.

Remember

Tell any health care provider that you visit that you are taking birth control. A health care provider is a doctor, nurse, hospital, clinic or anyone who gives you medical care.

If there is any change in your medical information (like a new medicine you are taking) tell the Adagio Health Staff or any other health care provider.

You should not smoke while using the pill. Smoking can increase your chance of having a stroke, heart attack or other health problems.

Birth control pills do not protect against HIV or any other STD (sexually transmitted disease). An STD is a disease that you can get from having sex. Condoms can help keep you safe from some STDs including HIV.

Adagio Health is an equal opportunity provider and employer. Call 1-800-654-5984 for the TTY/TDD line for the hearing impaired.